



**A BEAUTIFUL MIND**  
Counseling and Psychological Services

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Adult Intake Sheet

Date \_\_\_\_\_

Name \_\_\_\_\_  
Last First Middle Date of Birth

Address \_\_\_\_\_  
Street City State Zip

Home Phone (\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_) \_\_\_\_\_ Soc. Sec# \_\_\_\_\_

May you be contacted by email? \_\_\_\_\_ If yes, email address \_\_\_\_\_

Marital Status: (Circle One) Married Single Separated Divorced Widowed

Spouse's Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Soc. Sec. # \_\_\_\_\_

Address (if different from above) \_\_\_\_\_  
Street City State Zip

Emergency Contact \_\_\_\_\_

\_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_  
Address Telephone #

Child/Children Names Birthdate Natural/Adopted/Foster

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

EMPLOYMENT

Client's Employer: \_\_\_\_\_ Address: \_\_\_\_\_

May you be contacted at work? \_\_\_\_\_ If Yes, Phone #: (\_\_\_\_) \_\_\_\_\_

Job title: \_\_\_\_\_

Spouse's Employer: \_\_\_\_\_ Address: \_\_\_\_\_

FINANCIAL RESPONSIBILITY

Who is financial responsible for the bill and how will it be paid? \_\_\_\_\_

Name of Insurance Company: \_\_\_\_\_ Phone: \_\_\_\_\_

Group # \_\_\_\_\_ ID# \_\_\_\_\_ Copay \$ \_\_\_\_\_ Deductible \$ \_\_\_\_\_

HEALTH INFORMATION

Family Physician: \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

On medication now: \_\_\_\_\_ If yes, type, dosage and reason for taking it: \_\_\_\_\_

Medications recently taken: \_\_\_\_\_

Allergies: \_\_\_\_\_

Significant health problems: \_\_\_\_\_

Last physical exam: \_\_\_\_\_ Current health: (Good) (Poor) (Average)

Previous counseling, therapy, or psychiatric treatment? \_\_\_\_\_

If yes, doctor, facility, or agency: \_\_\_\_\_

(Include name and address if known)

By whom were you referred? \_\_\_\_\_

Is this condition accident related? \_\_\_\_\_

What do you see as the problem (situations and symptoms)? \_\_\_\_\_

Please circle any of the following problems which pertain to you.

- |                   |                      |                        |
|-------------------|----------------------|------------------------|
| Marriage Problems | Loneliness           | Concentration          |
| Being a Parent    | Education            | Troublesome Thoughts   |
| Separation        | Career Choices       | Urge to Repeat Actions |
| Divorce           | Stress               | Nervousness            |
| Alcohol Use       | Memory               | Shyness                |
| Drug Use          | Inferiority Feelings | Depression             |
| Anger             | Appetite/Eating      | Sexual Problems        |
| Temper            | Moodiness            | Self-control           |
| Sleep Problems    | Fears                | Unhappiness            |
| Nightmares        | Suicidal Thoughts    | Health Problems        |
| Relaxation        | Relationships        | Headaches              |
| Legal Matters     | Finances             | Pain Management        |
| Too Much Energy   | Work Problems        | Stomach Problems       |
| Too Little Energy | Tiredness            | Bowel Problems         |
| Family            | Ambition             | Decision Making        |