



A BEAUTIFUL MIND
Counseling and Psychological Services

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Adult Intake Sheet

Date _____

Name _____
Last First Middle Date of Birth

Age: _____ Sex: M F Identified Gender: _____

Address _____
Street City State Zip

Home Phone () Cell () Soc. Sec# _____

May you be contacted by email? _____ If yes, email address _____

Would you like reminder notifications? _____ If yes please choose one of the following methods:

By text (data charges may apply depending on your plan): Cell () _____

Automated phone call: Phone_() _____

Marital Status: (Circle One) Married Single Separated Divorced Widowed

Spouse's Name _____ Birthdate _____ Soc. Sec. # _____

Address (if different from above) _____
Street City State Zip

Emergency Contact _____

Address _____ Telephone #: () _____

Child/Children Names Birthdate Age Natural/Adopted/Foster

EMPLOYMENT

Client's Employer: _____ Address: _____

May you be contacted at work? _____ If Yes, Phone #: (____) _____

Job title: _____

Spouse's Employer: _____ Address: _____

FINANCIAL RESPONSIBILITY

Who is financial responsible for the bill and how will it be paid? _____

Who is the insured? (person who the policy is under/through) Name: _____

Insured Date of Birth and relationship to the client: _____

Insured Employer: _____ Address: _____

Name of Insurance Company: _____ Phone: _____

Group # _____ ID# _____ Copay \$ _____ Deductible \$ _____

HEALTH INFORMATION

Family Physician: _____
Name Address Phone

On medication now: _____ If yes, type, dosage and reason for taking it: _____

Medications recently taken: _____

Allergies: _____

Significant health problems: _____

Last physical exam: _____ Current health: (Good) (Poor) (Average)

Previous counseling, therapy, or psychiatric treatment? _____

If yes, doctor, facility, or agency: (Include dates, names and addresses if known) _____

By whom were you referred? _____

Is this condition accident related? _____

What do you see as the problem (situations and symptoms)? _____

Please circle any of the following problems which pertain to you.

Marriage Problems
Being a Parent
Separation
Divorce
Alcohol Use
Drug Use
Anger
Temper
Sleep Problems
Nightmares
Relaxation
Legal Matters
Too Much Energy
Too Little Energy
Family

Loneliness
Education
Career Choices
Stress
Memory
Inferiority Feelings
Appetite/Eating
Moodiness
Fears
Suicidal Thoughts
Relationships
Finances
Work Problems
Tiredness
Ambition

Concentration
Troublesome Thoughts
Urge to Repeat Actions
Nervousness
Shyness
Depression
Sexual Problems
Self-control
Unhappiness
Health Problems
Headaches
Pain Management
Stomach Problems
Bowel Problems
Decision Making